

CRISIS LINES, HELPLINES & HOTLINES

Alcohol Use Related Hotlines/Helplines

Al-Anon and Alateen Hotline	800.344.2666
Alcoholics Anonymous (AA)	404.525.3178
American Addiction Center Hotline*	888.987.1784
SAMHSA National Hotline*	800.662.HELP (4357)

Crisis Intervention Hotlines/Helplines

Avita Community Partners*	678.341.3840
Behavioral Health Link	800.715.4225
Georgia Crisis And Access Line	800.715.4225

Domestic Family Violence Issues Crisis Lines/Helplines

Georgia Statewide Domestic Violence Hotline	800.33.HAVEN (42836)
Forsyth County Anti-Violence Task Force (Crisis line) *	770.887.1121
Forsyth County Family Haven (admin)*	770.889.6384
National Child Abuse Hotline	800.4.ACHILD (224453)
National Domestic Violence Hotline	800.799.SAFE (7233)
No One Alone	706.864.1986

Drug Use Related Hotlines/Helplines

Addiction Anonymous	678.405.0825
American Addiction Center Hotline*	888.987.1784
SAMHSA National Hotline*	800.662.HELP (4357)

Eating Disorders Hotlines/Helplines

National Association of Anorexia Nervosa & Associated Disorders (ANAD)	888.375.7767
National Eating Disorder Association Helpline	800.931.2237

LGBTQ Hotlines/Helplines

LGBTQ National Hotline	888.843.4564
LGBTQ National Youth Talkline	800.246.7743
LGBTQ National Senior Hotline	888.234.7243
The Trevor Project Lifeline	866.488.7386

Mental Health Crisis Lines/Helplines

Avita Community Partners*	678.341.3840
Behavioral Health Link	800.715.4225
Depression and Bipolar Support Alliance (DBSA)	800.826.3632
Georgia Crisis And Access Line	800.715.4225
National Perinatal Hotline	800.PPD.MOMS(773.6667)
Postpartum Support International Helpline	800.944.4PPD (773)
SAMHSA National Hotline*	800.662.HELP (4357)
Vet2Vet Veteran's Crisis Hotline	877.VET2VET (838.2838)
Veteran's Crisis Line	800.273.TALK (8255)

Sexual Assault Hotlines/Helplines

Forsyth County Family Haven (admin) Hotline*	770.889.6384
Rape Response*	770.503.7273
Rape, Abuse, And Incest National Network*	800.656.4673

Suicide Prevention Hotlines/Helplines

Georgia Crisis And Access Line	800.715.4225
National Suicide Lifeline*	988 or 800.273.TALK (8255)
Vet2Vet Veteran's Crisis Hotline	877.VET2VET (838.2838)
Veteran's Crisis Line	800.273.TALK (8255)

Youth & Teen Hotlines/Helplines

Breaking Silence (Text Line)	706.765.8019
National Runaway Safeline	800.RUNAWAY (786.2929)
National Teen Dating Abuse Helpline	866.331.9474

Other Hotlines/Helplines

Disaster Distress Helpline*	800.985.5990
National Parent Helpline*	855.427.2736
Parents Helping Parents-Parental Stress Line*	800.632.8188
Parent to Parent* (for parents of children with disabilities)	800.229.2038

ACCOUNTABILITY COURTS

Drug Courts

Dawson County Treatment Court	706.265.8425
Forsyth County Drug Court	678.455.4780
Forsyth County Family Treatment Court	678.455.4780

DUI Courts

Dawson County Treatment Court	706.265.8425
Forsyth County DUI Court	678.455.4780
Forsyth County Family Treatment Court	678.455.4780

Mental Health Courts

Forsyth County Mental Health Court (CARE Program)	678.455.4780
---	--------------

ASSESSMENT & TREATMENT

Addictions/Dependencies Issues

Department Of Behavioral Health & Developmental Disabilities (DBHDD)	678.947.2818
Laurelwood - Northeast Georgia Medical Center*	770.219.3800
MARR Addiction Treatment Center	678.805.5131
No Longer Bound (Men)	770.886.7873
Ridgeview Institute - Smyrna	770.434.4567
Sober Living America	877.430.0086

Dementia Evaluation

Alzheimer's Association	404.728.1181
Chestnut Ridge Nursing And Rehabilitation	770.889.0120

Depression and Related Issues

A.C.E. Community Support Services	770.704.0407
Atlanta Area Psychological Associates, PC	770.953.6401
Avita Community Partners*	678.341.3840
Chestatee Counseling Center	706.344.8462
Family Ties	678.460.0345
Jones Counseling, LLC	470.239.1073
Live Life Counseling	770.940.9679
McConaghie Counseling	770.645.8933
New Hope Counseling	678.947.2881
Pathways To Change	770.203.9060
New Hope Counseling	678.947.2881
Pathways To Change	770.203.9060

Mental Health Assessment and Treatment

A.C.E. Community Support Services	770.704.0407
Alpha Hope Counseling	678.571.7505
Atlanta Area Psychological Associates, PC	770.953.6401
Avita Community Partners*	678.341.3840
Chestatee Counseling Center	706.344.8462
Department Of Behavioral Health & Developmental Disabilities (DBHDD)	678.947.2818
Family Ties	678.460.0345
Georgia Highlands Medical Services*	770.887.1668
Good Shepherd Clinic Of Dawson County	706.429.9914
Integrated Therapeutic Solutions	678.722.1031

ASSESSMENT & TREATMENT (cont.)

Mental Health Assessment and Treatment (cont.)

Jones Counseling, LLC	470.239.1073
Laurelwood - Northeast Georgia Medical Center*	770.219.3800
McConaghie Counseling	770.645.8933
Pathways To Change	770.203.9060
Ridgeview Institute - Smyrna	770.434.4567
Rehabilitation/Habilitation Services	
Northside Hospital Forsyth*	770.844.3200
Vocational Rehabilitation/ Work Assessments	
Georgia Vocational Rehabilitation Services	770.781.6781
Goodwill Of North Georgia	678.455.9343
National Kidney Foundation	770.452.1539

COUNSELING SERVICES

Abuse Counseling

Avita Community Partners*	678.341.3840
Children's Center for Hope & Healing*	770.532.6530

Anger Management Counseling

Avita Community Partners*	678.341.3840
Chestatee Counseling Center	706.344.8462
Live Life Counseling	770.940.9679
New Hope Counseling	678.947.2881

Behavior Modification

Chestatee Counseling Center	706.344.8462
Family Ties	678.460.0345

Faith Based Counseling

Cumming Home Ministries	678.456.5544
Simply Grace	678.965.4055
Stephen Ministries - First Baptist Cumming	770.887.2428
Today's Chaplain	770.557.5798

Family Counseling

A.C.E. Community Support Services	770.704.0407
Alpha Hope Counseling	678.571.7505
Atlanta Area Psychological Associates, PC	770.953.6401
Avita Community Partners*	678.341.3840
Blue Ridge Counseling, LLC	706.974.3899
Center For The Visually Impaired	404.875.9011
Children's Center for Hope & Healing*	770.532.6530
Integrated Therapeutic Solutions	678.722.1031
Jones Counseling, LLC	470.239.1073
Live Life Counseling	770.940.9679
McConaghie Counseling	770.645.8933
Springtide Counseling, LLC	470.239.4119
Supporting Adoption And Foster Families Together (SAFFT)	770.886.9505

Individual Counseling

Agora House For Men	770.535.9100
Alpha Hope Counseling	678.571.7505
Avita Community Partners*	678.341.3840
Blue Ridge Counseling, LLC	706.974.3899
Center For The Visually Impaired	404.875.9011
Chestatee Counseling Center	706.344.8462
Children's Center for Hope & Healing *	770.532.6530
Georgia Highlands Medical Services*	770.887.1668
Integrated Therapeutic Solutions	678.722.1031
Lea Consulting	678.525.7818
Live Life Counseling	770.940.9679
New Hope Counseling	678.947.2881
Springtide Counseling, LLC	470.239.4119

Substance Use Disorder Counseling

Avita Community Partners*	678.341.3840
Chestatee Counseling Center	706.344.8462
Family Ties	678.460.0345
New Hope Counseling	678.947.2881

CRISIS INTERVENTION

A.C.E. Community Support Services	770.704.0407
Alpha Hope Counseling	678.571.7505
Atlanta Area Psychological Associates, PC	770.953.6401
Avita Community Partners*	678.341.3840
Family Ties	678.460.0345
Georgia Parent Support Network	844.278.6945
Jones Counseling, LLC	470.239.1073
Laurelwood - Northeast Georgia Medical Center*	770.219.3800
McConaghie Counseling	770.645.8933
The Trevor Project (LGBTQ)	866.488.7386
Wellroot	404.327.5820

EDUCATION & PREVENTION

Drug /Substance Use Disorder Education/Prevention

Cumming Home Ministries	678.456.5544
Dawson County Family Connection	706.265.1981
Forsyth County Community Connection	404.985.7796
Forsyth County Drug Awareness Council	770.887.1710
Forsyth County Sheriff's Teen Interception Program (TIP)	770.781.2222
Friends Of Recovery - Dawson County	931.273.9323
Georgia Council On Substance Abuse	404.523.3440
National Association for Children of Addiction	888.554.COAS (2627)
Substance Abuse & Mental Health Services Admin (SAMHSA)*	877.726.4727

Mental Health Education

Anxiety and Depression Association of America	240.485.1001
Avita Community Partners*	678.341.3840
Department Of Behavioral Health & Developmental Disabilities (DBHDD)	678.947.2818
Families Empowered & Supporting Treatment for Eating Disorders (F.E.A.S.T.)	855.50.FEAST (33278)
Georgia Mental Health Consumer Network	800.297.6146
Georgia Parent Support Network	844.278.6945
Mental Health America	800.969.6642
National Alliance On Mental Health (NAMI)	800.950.6264
Self Abuse Finally Ends (S.A.F.E.) Alternatives	800.DONTCUT (366.8288)
Substance Abuse & Mental Health Services Admin (SAMHSA)*	877.726.4727
Relapse Prevention Program	
Agora House For Men	770.535.9100
Suicide Prevention Programs (Issues & Prevention)	
Substance Abuse & Mental Health Services Admin (SAMHSA)*	877.726.4727
Suicide Prevention Action Network, Georgia*	770.354.7616
The Trevor Project (LGBTQ)	866.488.7386

* Indicates Spanish speaking service

INPATIENT TREATMENT FACILITY

Inpatient Alcohol Use Disorder Treatment Facilities

Agora House For Men	770.535.9100
Avita Stabilization Unit*	678.960.2700
MARR Addiction Treatment Center	678.805.5131
Must Ministries Elizabeth Inn Emergency Shelter	678.218.4531
No Longer Bound (Men)	770.886.7873
Ridgeview Institute - Smyrna	770.434.4567
Sober Living America	877.430.0086
Tenah House Recovery LLC	770.601.2717

Inpatient Mental Health Treatment Facilities

Avita Stabilization Unit*	678.960.2700
Laurelwood - Northeast Georgia Medical Center*	770.219.3800
Ridgeview Institute - Smyrna	770.434.4567

Inpatient Substance Use Disorder Treatment Facilities

Avita Stabilization Unit*	678.960.2700
Laurelwood - Northeast Georgia Medical Center*	770.219.3800
Ridgeview Institute - Smyrna	770.434.4567

OUTPATIENT TREATMENT FACILITY

Outpatient Mental Health Facilities

Integrated Therapeutic Solutions	678.722.1031
Medicare Resources for Mental Health Care - www.medicareplans.com/mental-health-care-outpatient-for-medicare	
New Focus Addiction & Behavioral Health	678.261.7671

SUPPORT GROUPS

Addictions/Substance Use Disorder Support Groups

Al-anon and Alateen Family Groups*	888.425.2666
Alcoholics Anonymous (AA)	404.525.3178
Addiction Anonymous	678.405.0825
The Connection- Recovery Community Foundation Of Forsyth	470.253.8564
Sober Living America	877.430.0086

Bereavement Support Groups

Griefshare (First Baptist Church Cumming)	770.887.2428
Live Life Counseling	770.940.9679
Pathways To Change	770.203.9060

SUPPORT GROUPS CON'T.

Mental Health and Disability Related Support Groups

Avita Community Partners*	678.341.3840
Department Of Behavioral Health & Developmental Disabilities (DBHDD)	678.947.2818
* Depression and Bipolar Support Alliance-Johns Creek	404.695.9110
Disability Resource Center	770.534.6656
Forsyth Autism and Special Needs Support Group	770.722.8925
National Alliance On Mental Health (NAMI)	800.950.6264
Parents Helping Parents*	800.632.8188
Parent to Parent* (for parents of children with disabilities)	770.451.5484

Offender/Ex-Offender Support Groups

Hope Atlanta (Traveler's Aid)	404.817.7070
-------------------------------	--------------

Substance Use Disorder Peer Recovery Coach Services

FullCircle Program	470.533.3858
Georgia Council On Substance Abuse	404.523.3440
Substance Abuse & Mental Health Services Admin (SAMHSA)*	877.726.4727
The Connection- Recovery Community Foundation Of Forsyth	470.253.8564

Veterans Support Groups

AboutFace-Cumming	404.862.2141
AboutFace-USA	888.766.0222
Atlanta VA Healthcare System	404.321.6111
Georgia Department of Veterans Services	770.531.6060

OTHER COMMUNITY ASSISTANCE

Jobs for Felons Hub - www.jobsforfelonshub.com	
Medicare Resources for Mental Health Care - www.medicareplans.com/mental-health-care-outpatient-for-medicare	
National Reentry Resource Center - www.nationalreentryresourcecenter.org	

Special Needs Job Development

Creative Enterprises	678.894.8960
Disability Resource Center	770.534.6656
Georgia Vocational Rehabilitation Services	770.781.6781
Goodwill Of North Georgia	678.455.9343
Randy & Friends, Inc.	678.617.5527

* Indicates Spanish speaking service



WARNING SIGNS of a Mental Health Crisis

It's important to know that warning signs are not always present when a mental health crisis is developing. Common actions that may be a clue that a mental health crisis is developing:

- ✓ **Inability to perform daily tasks** like bathing, brushing teeth, brushing hair, changing clothes
- ✓ **Rapid mood swings**, increased energy level, inability to stay still, pacing; suddenly depressed, withdrawn; suddenly happy or calm after period of depression
- ✓ **Increased agitation** verbal threats, violent, out-of-control behavior, destroys property
- ✓ **Abusive behavior** to self and others, including substance use or self-harm (cutting)
- ✓ **Isolation** from school, work, family, friends
- ✓ **Loses touch with reality (psychosis)**, unable to recognize family or friends, confused, strange ideas, thinks they're someone they're not, doesn't understand what people are saying, hears voices, sees things that aren't there
- ✓ **Paranoia**, suspicion and mistrust of people or their actions without evidence or justification



Information provided by: NAMI



FOR EMERGENCY SITUATIONS REQUIRING AN IMMEDIATE RESPONSE, ALWAYS CALL 9-1-1 FIRST!

A mental health crisis is any situation in which a person's behavior puts them at risk of hurting themselves or others or prevents them from being able to care for themselves or function effectively.

www.mhfocoga.com



Forsyth County's 2023 MENTAL HEALTH HELP LIST



FOR A MORE COMPREHENSIVE LIST OF COMMUNITY RESOURCES VISIT:

www.unitedwayforsyth.com/needhelpgivehelp

