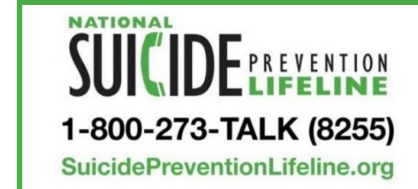
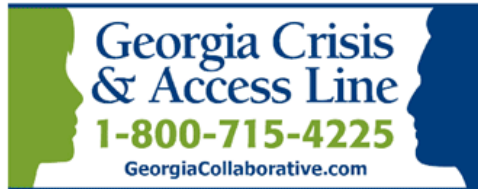




Forsyth County's MENTAL HEALTH HELPLIST 2021



FOR A MORE COMPREHENSIVE LIST OF COMMUNITY RESOURCES

VISIT: www.unitedwayforsyth.com/needhelpgivehelp



CRISIS LINES, HELPLINES & HOTLINES

Alcohol Use Related Hotlines/Helplines

| | |
|------------------------------------|---------------------|
| Al-Anon and Alateen Hotline | 800.344.2666 |
| Alcoholics Anonymous (AA) | 404.525.3178 |
| American Addiction Center Hotline* | 888.987.1784 |
| SAMHSA National Hotline* | 800.662.HELP (4357) |

Crisis Intervention Hotlines/Helplines

| | |
|--------------------------------|--------------|
| Avita Community Partners* | 678.341.3840 |
| Behavioral Health Link | 800.715.4225 |
| Georgia Crisis And Access Line | 800.715.4225 |

Domestic Family Violence Issues Crisis Lines/Helplines

| | |
|---|-----------------------|
| Georgia Statewide Domestic Violence Hotline | 800.33.HAVEN (42836) |
| Forsyth County Anti-Violence Task Force (Crisis line) * | 770.887.1121 |
| Forsyth County Family Haven (admin)* | 770.889.6384 |
| National Child Abuse Hotline | 800.4.ACHILD (224453) |
| National Domestic Violence Hotline | 800.799.SAFE (7233) |
| No One Alone | 706.864.1986 |

Drug Use Related Hotlines/Helplines

| | |
|------------------------------------|---------------------|
| Addiction Anonymous | 678.405.0825 |
| American Addiction Center Hotline* | 888.987.1784 |
| SAMHSA National Hotline* | 800.662.HELP (4357) |

Eating Disorders Hotlines/Helplines

| | |
|--|--------------|
| National Association of Anorexia Nervosa & Associated Disorders (ANAD) | 888.375.7767 |
| National Eating Disorder Association Helpline | 800.931.2237 |

LGBTQ Hotlines/Helplines

| | |
|-------------------------------|--------------|
| LGBTQ National Hotline | 888.843.4564 |
| LGBTQ National Youth Talkline | 800.246.7743 |
| LGBTQ National Senior Hotline | 888.234.7243 |
| The Trevor Project Lifeline | 866.488.7386 |

Mental Health Crisis Lines/Helplines

| | |
|--|-------------------------|
| Avita Community Partners* | 678.341.3840 |
| Behavioral Health Link | 800.715.4225 |
| Depression and Bipolar Support Alliance (DBSA) | 800.826.3632 |
| Georgia Crisis And Access Line | 800.715.4225 |
| National Perinatal Hotline | 800.PPD.MOMS (773.6667) |
| Postpartum Support International Helpline | 800.944.4PPD (773) |
| SAMHSA National Hotline* | 800.662.HELP (4357) |
| Vet2Vet Veteran's Crisis Hotline | 877.VET2VET (838.2838) |
| Veteran's Crisis Line | 800.273.TALK (8255) |

Sexual Assault Hotlines/Helplines

| | |
|--|--------------|
| Forsyth County Family Haven (admin) Hotline* | 770.889.6384 |
| Rape Response* | 770.503.7273 |
| Rape, Abuse, And Incest National Network* | 800.656.4673 |

Suicide Prevention Hotlines/Helplines

| | |
|----------------------------------|------------------------|
| Georgia Crisis And Access Line | 800.715.4225 |
| National Suicide Lifeline* | 800.273.TALK (8255) |
| Vet2Vet Veteran's Crisis Hotline | 877.VET2VET (838.2838) |
| Veteran's Crisis Line | 800.273.TALK (8255) |

CRISIS LINES, HELP LINES & HOTLINES cont.

Youth & Teen Hotlines/Helplines

| | |
|-------------------------------------|------------------------|
| National Runaway Safeline | 800.RUNAWAY (786.2929) |
| National Teen Dating Abuse Helpline | 866.331.9474 |

Other Hotlines/Helplines

| | |
|---|--------------|
| Disaster Distress Helpline* | 800.985.5990 |
| National Parent Helpline* | 855.427.2736 |
| Parents Helping Parents-Parental Stress Line* | 800.632.8188 |
| Parent to Parent* (for parents of children with disabilities) | 800.229.2038 |

ACCOUNTABILITY COURTS

Drug Courts

| | |
|---------------------------------------|--------------|
| Dawson County Treatment Court | 706.265.8425 |
| Forsyth County Drug Court | 678.455.4780 |
| Forsyth County Family Treatment Court | 678.455.4780 |

DUI Courts

| | |
|---------------------------------------|--------------|
| Dawson County Treatment Court | 706.265.8425 |
| Forsyth County DUI Court | 678.455.4780 |
| Forsyth County Family Treatment Court | 678.455.4780 |

Mental Health Courts

| | |
|---|--------------|
| Forsyth County Mental Health Court (CARE Program) | 678.455.4780 |
|---|--------------|

ASSESSMENT & TREATMENT

Addictions/Dependencies Issues

| | |
|--|--------------|
| Department Of Behavioral Health & Developmental Disabilities (DBHDD) | 678.947.2818 |
| Laurelwood - Northeast Georgia Medical Center* | 770.219.3800 |
| MARR Addiction Treatment Center | 678.805.5131 |
| No Longer Bound (Men) | 770.886.7873 |
| Ridgeview Institute - Smyrna | 770.434.4567 |
| Sober Living America | 877.430.0086 |

Dementia Evaluation

| | |
|---|--------------|
| Alzheimer's Association | 404.728.1181 |
| Chestnut Ridge Nursing And Rehabilitation | 770.889.0120 |

Depression and Related Issues

| | |
|---|--------------|
| A.C.E. Community Support Services | 770.704.0407 |
| Atlanta Area Psychological Associates, PC | 770.953.6401 |
| Avita Community Partners* | 678.341.3840 |
| Chestatee Counseling Center | 706.344.8462 |
| Family Ties | 678.460.0345 |
| Jones Counseling, LLC | 470.239.1073 |
| Live Life Counseling | 770.940.9679 |
| McConaghie Counseling | 770.645.8933 |
| New Hope Counseling | 678.947.2881 |
| Pathways To Change | 770.203.9060 |

* Indicates Spanish speaking service

ASSESSMENT & TREATMENT cont.

Mental Health Assessment and Treatment

| | |
|--|--------------|
| A.C.E. Community Support Services | 770.704.0407 |
| Alpha Hope Counseling | 678.571.7505 |
| Atlanta Area Psychological Associates, PC | 770.953.6401 |
| Avita Community Partners* | 678.341.3840 |
| Chestatee Counseling Center | 706.344.8462 |
| Department Of Behavioral Health & Developmental Disabilities (DBHDD) | 678.947.2818 |
| Family Ties | 678.460.0345 |
| Georgia Highlands Medical Services* | 770.887.1668 |
| Good Shepherd Clinic Of Dawson County | 706.429.9914 |
| Integrated Therapeutic Solutions | 678.722.1031 |
| Jones Counseling, LLC | 470.239.1073 |
| Laurelwood - Northeast Georgia Medical Center* | 770.219.3800 |
| McConaghie Counseling | 770.645.8933 |
| Pathways To Change | 770.203.9060 |
| Ridgeview Institute - Smyrna | 770.434.4567 |
| Rehabilitation/Habilitation Services | |
| Northside Hospital Forsyth* | 770.844.3200 |
| Vocational Rehabilitation/ Work Assessments | |
| Georgia Vocational Rehabilitation Services | 770.781.6781 |
| Goodwill Of North Georgia | 678.455.9343 |
| National Kidney Foundation | 770.452.1539 |

COUNSELING SERVICES

Abuse Counseling

| | |
|---------------------------------------|--------------|
| Avita Community Partners* | 678.341.3840 |
| Children’s Center for Hope & Healing* | 770.532.6530 |

Anger Management Counseling

| | |
|-----------------------------|--------------|
| Avita Community Partners* | 678.341.3840 |
| Chestatee Counseling Center | 706.344.8462 |
| Live Life Counseling | 770.940.9679 |
| New Hope Counseling | 678.947.2881 |

Behavior Modification

| | |
|-----------------------------|--------------|
| Chestatee Counseling Center | 706.344.8462 |
| Family Ties | 678.460.0345 |

Faith Based Counseling

| | |
|--|--------------|
| Cumming Home Ministries (Men) | 678.456.5544 |
| Simply Grace | 678.965.4055 |
| Stephen Ministries - First Baptist Cumming | 770.887.2428 |
| Today’s Chaplain | 770.557.5798 |

Family Counseling

| | |
|---|--------------|
| A.C.E. Community Support Services | 770.704.0407 |
| Alpha Hope Counseling | 678.571.7505 |
| Atlanta Area Psychological Associates, PC | 770.953.6401 |

COUNSELING SERVICES cont.

Family Counseling cont.

| | |
|--|--------------|
| Avita Community Partners* | 678.341.3840 |
| Blue Ridge Counseling, LLC | 706.974.3899 |
| Center For The Visually Impaired | 404.875.9011 |
| Children’s Center for Hope & Healing* | 770.532.6530 |
| Integrated Therapeutic Solutions | 678.722.1031 |
| Jones Counseling, LLC | 470.239.1073 |
| Live Life Counseling | 770.940.9679 |
| McConaghie Counseling | 770.645.8933 |
| Springtide Counseling, LLC | 470.239.4119 |
| Supporting Adoption And Foster Families Together (SAFFT) | 770.886.9505 |

Individual Counseling

| | |
|--|--------------|
| Agora House For Men | 770.535.9100 |
| Alpha Hope Counseling | 678.571.7505 |
| Avita Community Partners* | 678.341.3840 |
| Blue Ridge Counseling, LLC | 706.974.3899 |
| Center For The Visually Impaired | 404.875.9011 |
| Chestatee Counseling Center | 706.344.8462 |
| Children’s Center for Hope & Healing * | 770.889.8819 |
| Georgia Highlands Medical Services* | 770.532.6530 |
| Integrated Therapeutic Solutions | 678.722.1031 |
| Lea Consulting | 678.525.7818 |
| Live Life Counseling | 770.940.9679 |
| New Hope Counseling | 678.947.2881 |
| Springtide Counseling, LLC | 470.239.4119 |

Substance Use Disorder Counseling

| | |
|-----------------------------|--------------|
| Avita Community Partners* | 678.341.3840 |
| Chestatee Counseling Center | 706.344.8462 |
| Family Ties | 678.460.0345 |
| New Hope Counseling | 678.947.2881 |

CRISIS INTERVENTION

| | |
|--|--------------|
| A.C.E. Community Support Services | 770.704.0407 |
| Alpha Hope Counseling | 678.571.7505 |
| Atlanta Area Psychological Associates, PC | 770.953.6401 |
| Avita Community Partners* | 678.341.3840 |
| Family Ties | 678.460.0345 |
| Georgia Parent Support Network | 844.278.6945 |
| Jones Counseling, LLC | 470.239.1073 |
| Laurelwood - Northeast Georgia Medical Center* | 770.219.3800 |
| McConaghie Counseling | 770.645.8933 |
| The Trevor Project (LGBTQ) | 866.488.7386 |

* Indicates Spanish speaking service

EDUCATION & PREVENTION

Drug /Substance Use Disorder Education/Prevention

| | |
|--|---------------------|
| Dawson County Family Connection | 706.265.1981 |
| Forsyth County Community Connection | 404.985.7796 |
| Forsyth County Drug Awareness Council | 770.887.1710 |
| Forsyth County Sheriff's Teen Interception Program (TIP) | 770.781.2222 |
| Friends Of Recovery - Dawson County | 931.273.9323 |
| Georgia Council On Substance Abuse | 404.523.3440 |
| National Association for Children of Addiction | 888.554.COAS (2627) |
| Substance Abuse & Mental Health Services Admin (SAMHSA)* | 877.726.4727 |

Mental Health Education

| | |
|---|----------------------|
| Anxiety and Depression Association of America | 240.485.1001 |
| Avita Community Partners* | 678.341.3840 |
| Department Of Behavioral Health & Developmental Disabilities (DBHDD) | 678.947.2818 |
| Families Empowered & Supporting Treatment for Eating Disorders (F.E.A.S.T.) | 855.50.FEAST (33278) |

| | |
|--|------------------------|
| Georgia Mental Health Consumer Network | 800.297.6146 |
| Georgia Parent Support Network | 844.278.6945 |
| Mental Health America | 800.969.6642 |
| National Alliance On Mental Health (NAMI) | 800.950.6264 |
| Self Abuse Finally Ends (S.A.F.E.) Alternatives | 800.DONTCUT (366.8288) |
| Substance Abuse & Mental Health Services Admin (SAMHSA)* | 877.726.4727 |

Relapse Prevention Program

| | |
|---------------------|--------------|
| Agora House For Men | 770.535.9100 |
|---------------------|--------------|

Suicide Prevention Programs (Issues & Prevention)

| | |
|--|--------------|
| Substance Abuse & Mental Health Services Admin (SAMHSA)* | 877.726.4727 |
| Suicide Prevention Action Network, Georgia* | 770.354.7616 |
| The Trevor Project (LGBTQ) | 866.488.7386 |

INPATIENT TREATMENT FACILITY

Inpatient Alcohol Use Disorder Treatment Facilities

| | |
|---|--------------|
| Agora House For Men | 770.535.9100 |
| Avita Stabilization Unit* | 678.960.2700 |
| MARR Addiction Treatment Center | 678.805.5131 |
| Must Ministries Elizabeth Inn Emergency Shelter | 678.218.4531 |
| No Longer Bound (Men) | 770.886.7873 |
| Ridgeview Institute - Smyrna | 770.434.4567 |
| Sober Living America | 877.430.0086 |

Inpatient Mental Health Treatment Facilities

| | |
|--|--------------|
| Avita Stabilization Unit* | 678.960.2700 |
| Laurelwood - Northeast Georgia Medical Center* | 770.219.3800 |
| Ridgeview Institute - Smyrna | 770.434.4567 |

Inpatient Substance Use Disorder Treatment Facilities

| | |
|--|--------------|
| Avita Stabilization Unit* | 678.960.2700 |
| Laurelwood - Northeast Georgia Medical Center* | 770.219.3800 |
| Ridgeview Institute - Smyrna | 770.434.4567 |

OUTPATIENT TREATMENT FACILITY

Outpatient Mental Health Facilities

| | |
|----------------------------------|--------------|
| Integrated Therapeutic Solutions | 678.722.1031 |
|----------------------------------|--------------|

SUPPORT GROUPS

Addictions/Substance Use Disorder Support Groups

| | |
|--|--------------|
| Al-anon and Alateen Family Groups* | 888.425.2666 |
| Alcoholics Anonymous (AA) | 404.525.3178 |
| Addiction Anonymous | 678.405.0825 |
| The Connection- Recovery Community Foundation Of Forsyth | 470.253.8564 |
| Sober Living America | 877.430.0086 |

Bereavement Support Groups

| | |
|---|--------------|
| Griefshare (First Baptist Church Cumming) | 800.395.5755 |
| Live Life Counseling | 770.940.9679 |
| Pathways To Change | 770.203.9060 |

Mental Health and Disability Related Support Groups

| | |
|--|--------------|
| Avita Community Partners* | 678.341.3840 |
| Department Of Behavioral Health & Developmental Disabilities (DBHDD) | 678.947.2818 |
| Depression and Bipolar Support Alliance-Johns Creek | 404.695.9110 |
| Disability Resource Center | 770.534.6656 |
| Forsyth Autism and Special Needs Support Group | 770.722.8925 |
| National Alliance On Mental Health (NAMI) | 800.950.6264 |
| Parents Helping Parents* | 800.632.8188 |
| Parent to Parent* (for parents of children with disabilities) | 770.451.5484 |

Offender/Ex-Offender Support Groups

| | |
|-------------------------------|--------------|
| Hope Atlanta (Traveler's Aid) | 404.817.7070 |
|-------------------------------|--------------|

Substance Use Disorder Peer Recovery Coach Services

| | |
|--|--------------|
| Georgia Council On Substance Abuse | 404.523.3440 |
| Substance Abuse & Mental Health Services Admin (SAMHSA)* | 877.726.4727 |
| The Connection- Recovery Community Foundation Of Forsyth | 470.253.8564 |

Veterans Support Groups

| | |
|---|--------------|
| AboutFace-Cumming | 404.862.2141 |
| AboutFace-USA | 888.766.0222 |
| Atlanta VA Healthcare System | 404.321.6111 |
| Georgia Department of Veterans Services | 770.531.6060 |

OTHER COMMUNITY ASSISTANCE

Jobs for Felons Hub - www.jobsforfelonshub.com

National Reentry Resource Center - www.nationalreentryresourcecenter.org

Special Needs Job Development

| | |
|--|--------------|
| Creative Enterprises | 678.894.8960 |
| Disability Resource Center | 770.534.6656 |
| Georgia Vocational Rehabilitation Services | 770.781.6781 |
| Goodwill Of North Georgia | 678.455.9343 |
| Randy & Friends, Inc. | 678.617.5527 |

* Indicates Spanish speaking service



WARNING SIGNS of a Mental Health Crisis

It's important to know that warning signs are not always present when a mental health crisis is developing. Common actions that may be a clue that a mental health crisis is developing:

- ✓ **Inability to perform daily tasks** like bathing, brushing teeth, brushing hair, changing clothes
- ✓ **Rapid mood swings**, increased energy level, inability to stay still, pacing; suddenly depressed, withdrawn; suddenly happy or calm after period of depression
- ✓ **Increased agitation** verbal threats, violent, out-of-control behavior, destroys property
- ✓ **Abusive behavior** to self and others, including substance use or self-harm (cutting)
- ✓ **Isolation** from school, work, family, friends
- ✓ **Loses touch with reality (psychosis)**, unable to recognize family or friends, confused, strange ideas, thinks they're someone they're not, doesn't understand what people are saying, hears voices, sees things that aren't there
- ✓ **Paranoia**, suspicion and mistrust of people or their actions without evidence or justification

Information provided by: NAMI



FOR EMERGENCY SITUATIONS REQUIRING AN IMMEDIATE RESPONSE, ALWAYS CALL 9-1-1 FIRST!

A mental health crisis is any situation in which a person's behavior puts them at risk of hurting themselves or others or prevents them from being able to care for themselves or function effectively.